

Applying the Bible's view of sex together as women: single, dating or married

Why change matters: changed lives are how God is working his eternal purpose out now

Ephesians 4:17-24

¹⁷Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. ¹⁸They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. ¹⁹They have become callous and have given themselves up to sensuality, greedy to practise every kind of impurity. ²⁰But that is not the way you learned Christ!— ²¹assuming that you have heard about him and were taught in him, as the truth is in Jesus, ²²to put off your old self,^[a] which belongs to your former manner of life and is corrupt through deceitful desires, ²³and to be renewed in the spirit of your minds, ²⁴and to put on the new self, created after the likeness of God in true righteousness and holiness.

Growth in sexual purity is achieving God's beautiful eternal purpose

Growth in sexual purity matters not just for me but for others too

How change happens: change happens as God powerfully enables us to believe truth instead of lies

Discuss:

Why is change hard in the area of sex and purity?

How might the motivations from Ephesians help us?

How does what Ephesians says about how we change compare with what we normally think?

How would grasping this lead to more realism and confidence about growth in sexual purity?

Getting started in application

'No one sees my porn and sexual fantasies, so they don't really affect anyone'

'A one night stand isn't that big a deal'

'Marriage will sort out my issues with sex'

Discuss and pray:

Choose one of the areas above and discuss the following:

Why are these lies so enticing? Why are these truths what we need to believe? What would it be like if we really believed these truths? What other lies or truths do you think might be relevant?

Talk to God about the issue you've discussed. Ask for his help to keep believing his truth more and more in this area.

If you have time... what other areas of sex and purity are there where we need to expose the lies and listen to God's truth?